

General Information

Workshop Name	International Training on Human Rights Education (ITHRE)		
SC/Topic Related <small>If your workshop involves topics from any standing committee specify which one</small>	<ul style="list-style-type: none"> The workshop is proposed by the Standing Committee on Human Rights and Peace (SCORP). The overall topic of the workshop is on Human Rights Education (HRE). 	Coordinators <small>Name and contact information</small>	<ul style="list-style-type: none"> Ana Paula Estrella, scorpd@ifmsa.org Tomoki Kishaba, cb.scorp@ifmsa.org Mahmood Al-Hamody, lrp@ifmsa.org
IFMSA Position <small>If any</small>	<ul style="list-style-type: none"> SCORP Director SCORP Capacity Building Assistant Liaison Officer for Human Rights and Peace Issues 	NMO <small>If the coordinators are from different NMOs, list them all</small>	<ul style="list-style-type: none"> AEMPPI-Ecuador IFMSA Japan IFMSA-Egypt

Information about the workshop

Introduction to the workshop <small>General Overview (max. 300 words)</small>	<p>The OHCHR defines Human Rights Education as: Training, Dissemination and Education efforts aimed at the building of universal culture of human rights through the imparting of knowledge and skills and the molding of attitudes directed to: The strengthening of respect for human rights and fundamental freedoms; The full development of the human personality and the sense of its dignity; The promotion of tolerance, gender equality and cooperation among all nations, indigenous people and racial, national, ethnic and linguistic groups; Enabling of all persons to participate effectively in a free society. In December 2011, the UN General Assembly adopted the United Nations Declaration on Human Rights Education and Training (HRET). This Declaration asserts that everyone has the right to know, seek and receive information about their human rights and fundamental freedoms. It is a call to the United Nations, governments, non-governmental organizations and other bodies to intensify their efforts to promote the universal respect and understanding of HRET.</p> <p>The International Training on Human Rights Education (ITHRE) will serve as a means to capacitate members from all around the world to find out more about the foundations of human rights, the human rights-based approach, as well as human rights education in non-formal settings and work together to bring about human rights, justice, and dignity for all.</p> <p>This course will serve as a means to capacitate members from all around the world to find out more about the foundations of human rights, the human rights based approach, as well as human rights education and advocacy in non-formal settings.</p>
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Goals and Objectives

SMART

Objectives

The overall learning objectives of the course is:

1. To promote human rights education as a major focus area in the work of SCORP and IFMSA.
2. To strengthen participants' competence in and commitment to human rights education.
3. To contribute to the development of networks of trainers on human rights education within IFMSA.

Intended Learning Outcomes (ILOs)

By the end of the workshop, participants will be able to:

ILO #1: Display knowledge and understanding of the development and core concepts of human rights.

Indicator 1.1. 80% of the participants can outline the historical and philosophical development of human rights.

Indicator 1.2. 80% of the participants can identify the principles and different mechanisms of human rights.

Indicator 1.3. 80% of the participants can define a human rights-based approach, and outline its core principles.

ILO #2: Display awareness of the core concepts and methodologies of human rights education in non-formal settings.

Indicator 2.1. 80% of the participants show understanding of key concepts and dimensions of human rights learning.

Indicator 2.2. 80% of the participants can identify the specific challenges and sensitivities when educating about human rights.

Indicator 2.3. 60% of the participants can identify different methodologies of human rights education in non-formal and peer settings .

ILO #3: Design human rights-specific educational content and formulate it according to learning cycles of different audiences.

Indicator 3.1. 50% of the participants feel more confident preparing an argument using human rights as the basis of their reasoning in non-formal settings.

Indicator 3.2. 60% of the participants can identify and address issues relating to different learning styles of the recipients.

Indicator 3.3. 50% of the participants feel confident that they are able to create a human rights specific educational content with a human rights based approach.

Expected number of participants

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- A minimum of 8 and a maximum of 25 participants. The suggested ideal number of participants for the workshop ranges between 15 and 20.
- Our participants selection criteria will be:
 - SCORP active on a local, national or international level;



	<ul style="list-style-type: none">○ Motivation;○ Future plans following the workshop;○ Regional and gender representation will be taken into consideration.
Methodology Explaining the way the workshop will be conducted	<ul style="list-style-type: none">● The workshop is planned to be held in approximately 10 to 12 sessions, with a total 24 working hours.● The methodology has been adapted from or based on the <i>Evaluating Human Rights Training Activities</i> handbook published jointly between the OHCHR and Equitas, and the <i>Human Rights Education Toolbox</i> by The Danish Institute for Human Rights.● The methodology of this course is guided by the principles of the human rights-based approach principles, as outlined in the following points.● Participation and Empowerment:<ul style="list-style-type: none">○ Applying this principle means placing the participants' experiences, knowledge and reflections at the centre by regarding them as the starting point in the learning process, and by using examples which are close to their reality and interests.○ It also means underlining the importance of learners and their background knowledge and experiences. This is achieved through activities that promote thorough presentations of the participants, and by offering everyone the opportunity to present who they are, what background and resources they bring to the learning environment and how they can contribute to it.○ A variety of learning tools and techniques will be used to facilitate the learning process as well as the participation of the learners, with a balanced combination between theoretical presentations and interactive sessions.● Accountability & Rule of Law:<ul style="list-style-type: none">○ Applying this principle means setting up acceptable and justifiable rules/guides and then following them in practice.○ This principle is applied early on in the planning process through learning objectives, which we tried to relate to the needs of the members by reflecting on input received directly (through the needs assessment) or indirectly (through the NORPs).○ It's further embedded in the implementation process by reflecting the ILOs in the program and sessions, and being ready to adjust the program according to the needs. A Pre-Course Assessment will be conducted to create the basis upon which both content and the process itself can be further tailored to the specific context of the participants.○ Most importantly, this principle entails following on the implementation of the course and assessing the outcomes and impact according to the preset plan.



- By participating in this course, **members commit to deliver a minimum 15 hours of educational activities on human rights within one year from the end of course.**
- **Non-discrimination, Equality and Inclusion:**
 - Applying this principle entails considering how to establish a diverse group of participants, inclusive of the population of the Federation (that is in the IFMSA context ensuring cultural sensitivity, regional and gender empowerment and sensitivity to different language groups).
 - As a starting point, **diversity is applied in defining the target group and selection criteria.** Selection criteria of the participants will be based on motivation as well as future plans in regards to the development of the standing committee and promoting human rights education. The course aims to reach out to members from different backgrounds.
 - **Equal treatment and inclusion in the learning environment is about creating a space where all have equal opportunities to participate in the different ways they can.** This will be done carefully, with consideration for the cultural and social context. This will be a guiding principle when composing the two streams as well as the small group work. In addition, this will also be a guiding principle when creating learning activities as well as assessment methodologies.
 - To further promote and ensure an inclusive learning experience, a variety of methods will be used to satisfy the needs of different learning styles, which will engage students in self-reflection and active learning.
- Some of the methods that will be used throughout the sessions are outlined below:
 - **Interactive Presentations:** In these sessions content will be introduced initially through visually engaging with different platforms that provide presentations before using other methodology such as discussions and group activities.
 - **Group Discussions** using interactive methodology through breakout rooms in Zoom or similar tools, where groups will be able to discuss and exchange ideas and thoughts on topics selected by the trainers.
 - **Case studies:** The use of case studies will be integrated into the methodology either as homeworks where participants are asked to do a follow-up task after analyzing the case-study, or live in the sessions for demonstration purposes and reflection on the knowledge.
 - **Quizzes** will be used as an assessment tool of the progress and special needs of the learners.
 - Throughout the course, participants will be assigned **homeworks** to aid the learning process. These may include: readings, writing short case-studies/reflections, among other forms.

<p>Proposed method for selecting trainers Including at least 1 spot for an open call is recommended.</p>	<ul style="list-style-type: none"> • A call will be opened for 3 - 4 facilitators to conduct the sessions. Facilitators should fulfill the following criteria: <ul style="list-style-type: none"> ○ Be a member of the IFMSA Trainers Pool; ○ Has facilitation experience on national and international levels; ○ Show motivation to facilitate the workshop; ○ Preferably a TNHRT (Human Rights Trainer) or ITHRE (Human Rights Educator) graduate. Otherwise, certified IFMSA Trainers with relevant background experience are also considered; ○ Regional and gender representation will also be taken into consideration if feasible. • The SCORP-D and LRP might support some session facilitation.
<p>Follow Up Plan How can you ensure the knowledge will be used afterwards</p>	<p>The course will be followed up on through:</p> <ul style="list-style-type: none"> • Post-Course Assessment and Evaluation sent within 2 weeks of the course completion, and aims to assess the overall learning outcomes as well as the course experience. • Graduation Assignment: participants will be asked to submit a comprehensive activity on human rights education within 3 months of the course completion. This will be a graduation requirement. • Within six months of the completion of the course, participants will be contacted to follow up on the use of skills and knowledge gained in developing human rights education activities. One year after the course, they will be contacted again to report on the activities they carried out (according to the commitment of delivering a minimum of 15 hours of human rights educational activities mentioned earlier). This aims to assess the social return of the course. • During the build-up period, the informal participants' group will serve as a means of collaboration between them, but also as a means for the trainers to support them.
<p>Fundraising Plans and Budget Detailing your projected expenditures. Should there be no additional expenditures for the workshop, you may input zero as the amount.</p>	<p>There are no foreseeable costs for the workshop apart from the workshop materials. Trainers and externals, if invited, will be asked to cover their own flights and registration fees, although we will look into any fundraising possibilities in line with IFMSA guidelines.</p>
<p>List of materials needed</p>	<p>The Organising Committee is kindly requested to provide the materials and resources necessary for this workshop, including:</p> <ul style="list-style-type: none"> • A whiteboard and/or a flip chart stand; • Flip chart paper, markers, post-its, paper, whiteboard pens, pencils, envelopes, scissors etc; • Good internet connection; • Speakers for video-/audio-presentations, microphone if possible. • A big room with chairs, enough to host around 25 people; • A projector for computer presentations and projections.

<p>Coordinator's Contact Details Phone numbers and private Email addresses will not be shared with NMOs.</p>	<p>Name: Ana Paula Estrella Email Address: scorpd@ifmsa.org Phone Number: +593 983279723</p> <p>Name: Mahmood Al-Hamody Email Address: lrp@ifmsa.org Phone Number: +20 1009672993</p>																																																																																								
<p>Agenda</p>	<p>Note: For easier navigation through the proposed agenda kindly check this link: https://bit.ly/ITHRE_PreMM22</p> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr style="background-color: #4CAF50; color: white;"> <th colspan="2">Colour Guide</th> </tr> </thead> <tbody> <tr> <td style="width: 50%; background-color: #c8e6c9;">Module 1: Understanding Human Rights</td> <td style="width: 50%; background-color: #ffcdd2;">Module 3: Human Rights Education</td> </tr> <tr> <td style="background-color: #bbdefb;">Module 2: Human Rights as a Social Concept</td> <td style="background-color: #e8f5e9;">Support and Mentorship sessions</td> </tr> </tbody> </table> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr style="background-color: #4CAF50; color: white;"> <th>Time</th> <th>Day 1</th> <th>Day 2</th> <th>Day 3</th> </tr> </thead> <tbody> <tr style="background-color: #fff9c4;"> <td>08:00</td> <td colspan="3">Breakfast</td> </tr> <tr> <td>09:00</td> <td style="background-color: #c8e6c9;">Introduction to ITHRE</td> <td style="background-color: #bbdefb;">Stigma and Discrimination</td> <td style="background-color: #ffcdd2;">The Art of Facilitation and Transfer of Learning</td> </tr> <tr> <td>09:30</td> <td rowspan="2" style="background-color: #c8e6c9;">Understanding Human Rights</td> <td colspan="2" style="background-color: #fff9c4;">Break (15')</td> </tr> <tr> <td>10:00</td> <td colspan="2" style="background-color: #fff9c4;">Break (15')</td> </tr> <tr> <td>10:30</td> <td colspan="3" style="background-color: #fff9c4;">Break (15')</td> </tr> <tr> <td>11:00</td> <td colspan="2" rowspan="2" style="background-color: #bbdefb;">The Human Rights-Based Approach</td> <td rowspan="2" style="background-color: #ffcdd2;">Designing HRE activities</td> </tr> <tr> <td>11:30</td> <td colspan="2" style="background-color: #fff9c4;">Break (15')</td> </tr> <tr> <td>12:00</td> <td style="background-color: #c8e6c9;">Human Rights in Action (Part 1)</td> <td colspan="2" rowspan="2" style="background-color: #ffcdd2;">Methodologies for HRE</td> </tr> <tr> <td>12:30</td> <td colspan="3" style="background-color: #fff9c4;">Lunch</td> </tr> <tr> <td>13:00</td> <td colspan="3" style="background-color: #fff9c4;">Lunch</td> </tr> <tr> <td>14:00</td> <td style="background-color: #c8e6c9;">Human Rights in Action (Part 2)</td> <td rowspan="2" style="background-color: #ffcdd2;">Understanding HRE</td> <td rowspan="2" style="background-color: #c8e6c9;">Graduation simulations (Part 1)</td> </tr> <tr> <td>14:30</td> <td rowspan="2" style="background-color: #bbdefb;">Identity and Diversity</td> <td rowspan="2" style="background-color: #ffcdd2;">Peer Education - 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DISCLAIMER:

By submitting the proposal form, you may willingly provide your personal information (Name, NMO, position in IFMSA, email) to IFMSA. This information is only there for the selection process and will not be used for any other purposes. The personal data provided will be stored until 30th of September 2022, or anonymised in case of further storage. If you want us to remove your personal data before, you can request that by sending an email to eb@ifmsa.org or vpcb@ifmsa.org. The personal data will only be accessible by the Vice-President for Capacity Building and IFMSA Executive board. If you would like to know more about how we manage your data, please visit ifmsa.org/privacy.