



Neuro Hypnotic Healing (London)

Home / Courses / Neuro Hypnotic Healing (London)

Course overview What you will learn Training Venue



How to apply NLP and Hypnosis for Health and Healing

'Neuro Hypnotic Healing' is an interdisciplinary system bringing together patterns from Neuro Linguistic Programming (NLP) and Hypnosis to work with physical conditions.

The human body has a natural ability to heal which is severely limited by social, cultural and personal beliefs about disease and health.

In many cases people are unknowingly hypnotising themselves into sickness, followed by a protracted healing period and in some cases hypnotising themselves into remaining unwell.

This workshop is about working at a deep unconscious level to help people restore health and continue to be healthy. In this course you will learn how to utilise tools from NLP and Hypnosis to accelerate the healing process, increase body awareness so health is optimised.



Frequently, illness occurs as a result of a mind body split. When a person lacks body awareness they miss the initial sensations signalling a change in health is commencing thus allowing the state of ill-health to develop when it could have been prevented.

In other cases people learn to be sick through close association with unwell friends or relatives, in NLP this is known as modelling, a core principal in 'Neuro Hypnotic Healing' is to model health and well being and not the reverse.

Some people, experience a change in health after dramatic shifts in life situations, creating emotional upheavals which reduces the immune system's natural ability to counter body imbalance and disease. At this course you will learn patterns for exploring life issues, relationships and the unconscious choices we make which impact health and well-being.

The daily sensations an individual experiences sometimes known as aches and pains are frequently early signs of a lack of balance in the body. In the 'Neuro Hypnotic Healing' model we presuppose pain and disease are signals shouting out for some shift or change in daily behaviours.

What would happen if through clear communication with their unconscious an individual could respond effectively to these signals and form an alliance with their unconscious intelligence to re-balance physiology and avoid what people refer to as disease and medical conditions?

Altered states of consciousness have been utilised for centuries as a means of healing and creating change in individuals. Indigenous tribes, Anton Mesmer, James Braid worked under the assumption ill health and optimal health are states, and any state can be changed. Milton Erickson worked under the premise, patients are patients because they are out of rapport with their unconscious mind and when the connection between conscious and unconscious intelligence is restored people live in balance.

NLP introduced the idea, the mind and body are one system and when artificially separated physical conditions can emerge untapped. NLP also introduced the notion, all behaviour has a positive intention, when applied to physical conditions, the body change is frequently a message to pay attention and make some change in how you organise your internal parts and or external reality.

Neuro Hypnotic Healing' Case Studies

- 📄 "Healing Stories" - An Article Case Study by Michael Carroll
- 📄 "Healing with Hypnosis" - An Article Case Study by Michael Carroll
- 📄 "My Healing Journey" by Charles Holdsworth Hunt

At this course you will learn

- How to develop a clear communication between conscious and unconscious intelligence to negotiate healing rapid frames
- Accessing deep trance states to bypass the reductionist voice of conscious intelligence which interferes with the healing process
- How to work with pain
- Revivifying historic health states and how to bring these states to the present
- Transforming pain into an effective signal to communicate with unconscious intelligence and set up a healing frame on the underlying condition the pain is representative of
- How an individual timelines their health and wellbeing or sickness and disease
- Eliciting past, present and future unconscious maps of health and intervening to create change
- Body scanning in the kinaesthetic system for increased awareness of changes that occur in the body
- Mapping the kinaesthetic body scan to a visual representation creating a synesthetic representation for the current health state and evidence in two systems for the healing process
- How the metaphors you use influence health and longevity (positively or negatively)
- Working with metaphor to accelerate the healing processes
- Using active metaphor in tasking to set up unconscious healing frames
- How cultural, family and personal presuppositions impact health and well being and creating metaphors for optimum health
- The relationship between state and health
- Working with intention and finding healthy ways to satisfy an intention where a health shift was a consequence
- Deep Trance identification to model optimal health

Early Booking Investment:

£299.00 + VAT / IVA

(£ 355.80 inc VAT / IVA)

Full Investment : £369.00 + VAT + IVA

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1 How many seats do you require?

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Early Booking Offer Until 21 Dec 18

Course Information

Venue: NLP Academy Centre

Dates: 23 - 24 February 2019

Schedule: Registration: 9:30am
Start Time: 10:00am
Finish Time: 6:00pm
Total Days: 2

Instructors

👤 Michael Carroll

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(LONDON)

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The Pavilions
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